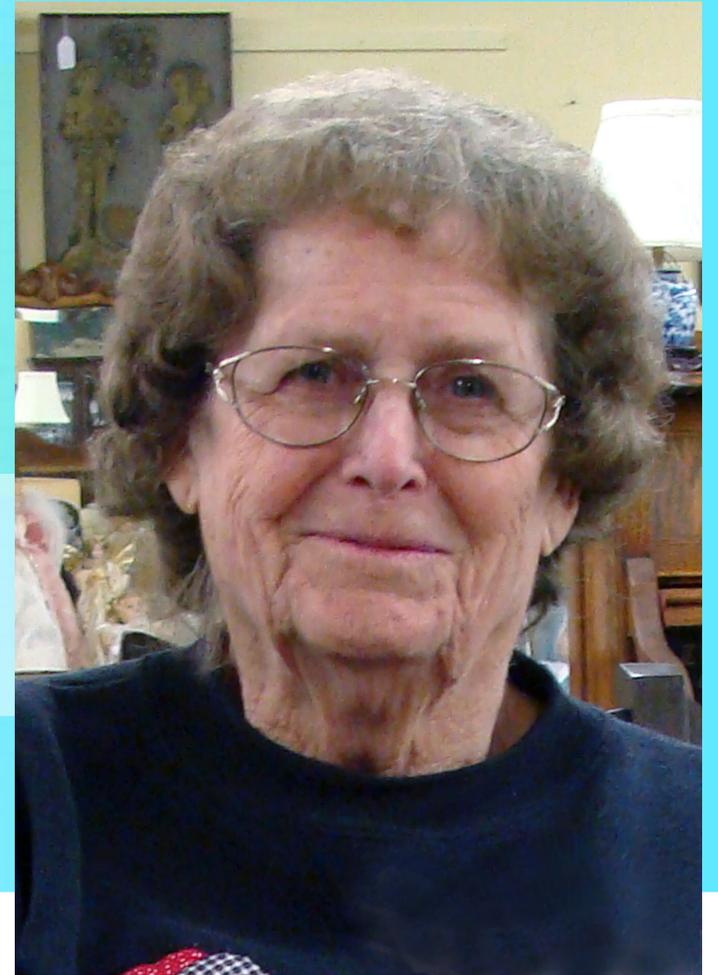


Arlene Rexrode

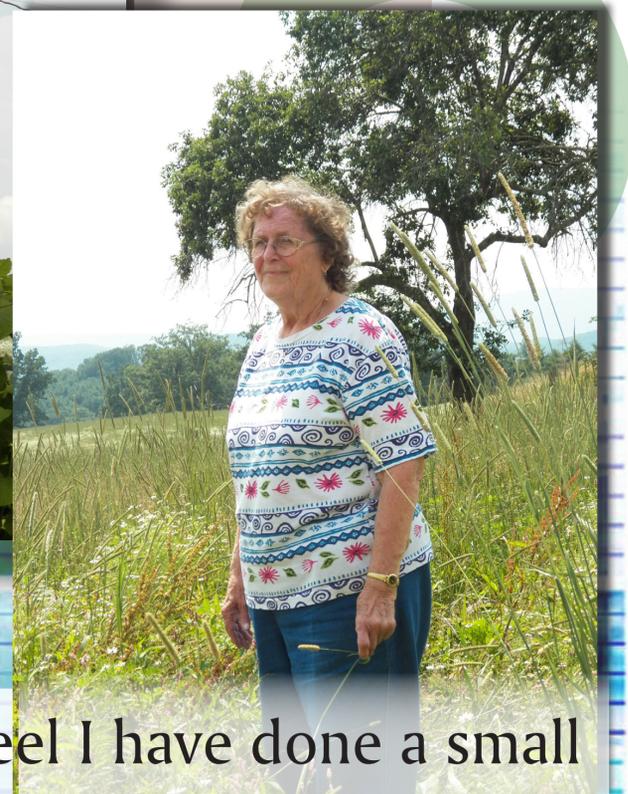
Beef Cattle Farm Operator

Pocahontas County



How has being a woman in Agriculture helped you succeed in life?

The combination of farm management and the involvement of outside farming activities have helped to promote my self-esteem and give me a deep feeling of pride and accomplishment. For several years, I have worked with fourth graders throughout Pocahontas County on developing and designing posters with agriculture being the theme.



While working with and encouraging these young people, I feel I have done a small part in educating them about agriculture and farming. Answering their questions and being a role-model for these students has been a wonderful experience. Life is not always easy, but my enthusiasm, hard-work and pride for my farm have molded me into the person I am today – a successful woman in agriculture.